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Headteacher: Dr. A Wood, PhD, NPQH, BSc (Hons)

Monday, 02 November 2026

Dear Parents and Carers,

As we begin the next half term, we would like to make you aware of the changes to the sports and activities pupils will be participating in during their PE lessons. Pupils were also reminded of these changes before the half-term break to ensure they are prepared for the activities ahead.

Our PE curriculum is designed to provide pupils with a broad and balanced range of sporting opportunities, allowing them to develop their physical skills, confidence, teamwork and enjoyment of physical activity.

The weekly PE timetable, including the sports pupils will be participating in, can be found on the school website. We would encourage parents and carers to familiarise themselves with the activities planned for the next half term, as outlined in the curriculum information below, to help ensure pupils arrive appropriately prepared for their lessons.

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		2nd Sept - 23rd Oct	**2nd Nov - 18th Dec**	**5 Jan - 12 Feb**	**22 Feb- 25 March**	**12 April-28 May**	**7 June - 9 July**
7D	**GIRLS**	Netball/Gymnastics	Swimming/Football	Rugby/Badminton	Netball/Basketball	Athletics/Tennis	Athletics/Cricket
7O	**GIRLS**	Netball/Gymnastics	Swimming/Football	Rugby/Badminton	Netball/Basketball	Athletics/Tennis	Athletics/Cricket
7J	**BOYS**	Swimming/Rugby	Rugby/Badminton	Gymnastics/Football	Basketball/HRE	Cricket/Athletics	Tennis/Athletics
7W	**BOYS**	Swimming/Rugby	Rugby/Badminton	Gymnastics/Football	Basketball/HRE	Cricket/Athletics	Tennis/Athletics
8O	**GIRLS**	Netball/Badminton	HRE/Football	Basketball/Rugby	Netball/Swimming	Athletics/Tennis	Athletics/Cricket
8D	**GIRLS**	Netball/Badminton	HRE/Football	Basketball/Rugby	Netball/Swimming	Athletics/Tennis	Athletics/Cricket
8W	**BOYS**	Basketball/Rugby	Football/Badminton	Rugby/Swimming	HRE/Handball	Cricket/Athletics	Tennis/Athletics
8J	**BOYS**	Basketball/Rugby	Football/Badminton	Rugby/Swimming	HRE/Handball	Cricket/Athletics	Tennis/Athletics
9O	**GIRLS**	Badminton/Netball	HRE/Rugby	Football/Basketball	Volley/Netball	Athletics/Tennis	Athletics/Cricket
9D	**GIRLS**	Badminton/Netball	HRE/Rugby	Football/Basketball	Volley/Netball	Athletics/Tennis	Athletics/Cricket
9W	**BOYS**	Rugby/Basketball	Football/Badminton	Basketball/HRE	Rugby/Handball	Cricket/Athletics	Tennis/Athletics
9J	**BOYS**	Rugby/Basketball	Football/Badminton	Basketball/HRE	Rugby/Handball	Cricket/Athletics	Tennis/Athletics
Year 10/11		Badminton / Rugby	Netball / Basketball	Basketball / Football	HRE / Badminton	Tennis / Cricket	Cricket / Tennis - Rounders / Softball

Swimming – Year 7 and Year 8

Swimming continues to form an important part of our PE curriculum, with all Year 7 and Year 8 pupils participating in swimming lessons for one half term during the academic year.

We recognise that pupils may have different levels of confidence and comfort when participating in swimming lessons. To ensure that swimming remains an inclusive and positive experience for all, pupils are welcome to wear shorts and a T-shirt over their swimming costume, should they prefer, whether for religious, cultural or personal reasons. Additional clothing must be suitable for swimming

and should not restrict movement or compromise safety in the water. We are committed to respecting individual beliefs and preferences while ensuring that all pupils have the opportunity to participate fully in swimming lessons.

If your child has any concerns or anxieties surrounding swimming, please contact the PE department so that we can discuss appropriate support and arrangements to help them feel comfortable and confident.

PE Kit and Equipment – Winter Reminder

As we move into the colder winter months, we would like to remind parents and carers of the importance of pupils arriving fully prepared for their PE lessons, with the correct kit and appropriate footwear.
Outdoor PE lessons will continue throughout the autumn and winter terms (dependant on adverse weather that impacts safety), and we strongly encourage pupils to bring additional warm layers, such as the school rugby top, jumper, fleece and/or navy tracksuit bottoms or leggings, to ensure they remain warm and comfortable during lessons. We will continue to allow a plain black under top for this reason, that can be worn under their PE top only.

For pupils participating in football and rugby, studded boots are essential to provide appropriate grip and support on the school fields, particularly as ground conditions become wetter and softer during the winter months. We would also like to remind parents and carers that navy football socks form part of the school PE uniform expectation during the winter months.

We appreciate your support in ensuring pupils have the correct PE kit for their timetabled activities. Being appropriately equipped allows pupils to participate safely, confidently and fully in their PE lessons, whatever the weather.

Full details of the school's PE kit requirements can be found within the school uniform policy on our website.

If a pupil is unable to participate practically due to an injury or medical reason, we ask that they still bring their PE kit wherever possible. Our PE staff will support pupils in accessing adapted activities or alternative roles, such as officiating, coaching or performance analysis, to ensure they remain engaged in their learning.

We are committed to providing a positive and inclusive PE experience for all pupils, encouraging them to develop confidence, resilience and a lifelong enjoyment of physical activity.

Kind regards,

Mrs Watson Jones
Head of PE