



PE Curriculum

2026 - 2027

The PE department strive to provide memorable sporting experiences, for *all* students. Our intention is for students' to develop a passion and love for sport, which will help them to engage in, and maintain a healthy, active lifestyle for the rest of their lives.

Intent:

- To provide a broad, balanced and inclusive curriculum that is enjoyable, safe and challenging for all students.
- To develop students' *motor competence, knowledge of rules, strategies and tactics*.
- To increase *healthy participation* and students physical and social skills and self-confidence.
- To develop positive attitudes in students demonstrating and understanding moral values; respect for others and sporting etiquette.
- To offer a variety of extra-curricular activities for students to further develop their skills, knowledge and talents.

Implementation: KS3 and KS4 Curriculum

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		2nd Sept - 23rd Oct	2nd Nov - 18th Dec	5 Jan - 12 Feb	22 Feb- 25 March	12 April-28 May	7 June - 9 July
7D	GIRLS	Netball/Gymnastics	Swimming/Football	Rugby/Badminton	Netball/Basketball	Athletics/Tennis	Athletics/Cricket
7O	GIRLS	Netball/Gymnastics	Swimming/Football	Rugby/Badminton	Netball/Basketball	Athletics/Tennis	Athletics/Cricket
7J	BOYS	Swimming/Rugby	Rugby/Badminton	Gymnastics/Football	Basketball/HRE	Cricket/Athletics	Tennis/Athletics
7W	BOYS	Swimming/Rugby	Rugby/Badminton	Gymnastics/Football	Basketball/HRE	Cricket/Athletics	Tennis/Athletics
8O	GIRLS	Netball/Badminton	HRE/Football	Basketball/Rugby	Netball/Swimming	Athletics/Tennis	Athletics/Cricket
8D	GIRLS	Netball/Badminton	HRE/Football	Basketball/Rugby	Netball/Swimming	Athletics/Tennis	Athletics/Cricket
8W	BOYS	Basketball/Rugby	Football/Badminton	Rugby/Swimming	HRE/Handball	Cricket/Athletics	Tennis/Athletics
8J	BOYS	Basketball/Rugby	Football/Badminton	Rugby/Swimming	HRE/Handball	Cricket/Athletics	Tennis/Athletics
9O	GIRLS	Badminton/Netball	HRE/Rugby	Football/Basketball	Volley/Netball	Athletics/Tennis	Athletics/Cricket
9D	GIRLS	Badminton/Netball	HRE/Rugby	Football/Basketball	Volley/Netball	Athletics/Tennis	Athletics/Cricket
9W	BOYS	Rugby/Basketball	Football/Badminton	HRE/Basketball	Rugby/Handball	Cricket/Athletics	Tennis/Athletics
9J	BOYS	Rugby/Basketball	Badminton/Rugby	Basketball/HRE	Rugby/Handball	Cricket/Athletics	Tennis/Athletics
Year 10		Badminton (G) / Rugby (B)	Netball (G) / Basketball (B)	Basketball(G) / Football (B)	HRE (G) / Badminton (B)	Tennis (B) / Cricket (G)	Cricket (B) / Tennis (G) - Rounders / Softball
Year 11		GAMES CHOICE	GAMES CHOICE	GAMES CHOICE	GAMES CHOICE	GAMES CHOICE	GAMES CHOICE

Each student in KS3 will complete TWO activities per half term using the Schemes of Work, from the following:

- Invasion Games – (netball, football, rugby, basketball)

- Gymnastics
- Net and Wall Games (badminton, tennis, volleyball)
- Athletics
- Health Related Exercise (Fitness), including Outdoor Adventurous Activities (Orienteering)
- Swimming & personal survival (Year 7 &8)
- Batting, striking and fielding (cricket, rounders, softball)

Assessment:

Students have a minimum of 6-8 lessons of each activity. During each activity block the students develop their motor competency, are taught skills, techniques, tactics and strategies to develop their knowledge and understanding of the activity areas. In year 7&8 there is more of a focus of learning and developing skills and techniques. In year 9/10/11 student focus on their leadership skills and the application of skills, techniques and tactics. Students are being assessed throughout the block of work and are given an individual grade for each sport. Students are encouraged to develop into independent learners by making use of Assessment grids within each Sport.

All students are educated in healthy participation and are given the foundations of how to live a healthy lifestyle.

Students should be able to work at a pace suited to their ability and self –confidence. All lessons are thoroughly planned, and adaptive teaching implemented. It is important that those who are able can progress quickly. However, students who need time to learn new skills have the opportunity to do this. Developing self-confidence is important for students so they are able to make positive decisions about their choice at KS4, especially to ensure pupils have knowledge and skill in a range of Sports, so that these could be used to assess pupils at GCSE (Sport Studies).

All KS3 Assessment is currently used by assessing through Head Heart Hands, this should be inputted into G4S.

Impact:



