

Mis Derechos = My Rights

Tengo derecho = I have the right
 al amor y a la familia = to love and a family
 al juego = to play
 a la educación = to education
 a la libertad de expresión = to freedom of expression
 a un medio ambiente sano = to a healthy environment
 a vivir en armonía = to live in harmony
No puedo... = I can't ...
 dar mi opinion = to give my opinion
 jugar con mis hermanos = play with my brothers and sisters
 salir solo/a = go out alone
 dormir = sleep
 ir al insti = go to school
 respirar = breathe
 porque... = because...
 tengo que ganar dinero = I have to earn money
 hay mucha violencia en mi ciudad = there is lots of violence in my city
 mi padre grita mucho = my dad shouts a lot
 tengo que trabajar = I have to work
 el aire está contaminado = the air is polluted

No es justo porque = it is not fair because ...
 Es inaceptable porque = it is unacceptable because....



Nationalities

boliviano/a = Bolivian
 colombiano/a = Colombian
 mexicano/a = Mexican
 norteamericano/a = north American
 inglés / inglesa = English
 español/a = Spanis
 paquistaní = pakistani



El comercio justo = Fair Trade

Tiene años = He /she is years old
 Vive = he / she lives
 Viven = they live
 con su familia = with his/her family
 en una plantación = on a plantation
 Trabaja = he / she works
 Trabajan = they work
 catorce horas al día = 14 hours a day
 seis días a la semana = 6 days a week
 para un patrón = for an employer
 para una cooperativa = for a cooperative
 Gana = he / she earns
 Ganan = they earn



High Frequency Words

mi / mis = my	para = for / in order to
su/ sus = his/her	hay = there is / are
nuestro/a/os/as = our	había = there were
más ... que = more ... than	a partir de ahora = from now
menos ... que = less ... than	además = in addition

El medio ambiente = The Environment

Para proteger el medio ambiente = to protect the environment

Se debería = you should

ahorrar energía en casa = save energy at home

apagar la luz = turn off the lights

cerrar el grifo = turn off the tap

conservar el agua = save water

desenchufar los aparatos electrónicos = unplug electrical devices

ducharse en vez de bañarse = shower instead of having a bath

ir en bici = travel by bike

reciclar el papel = recycle paper

reciclar el vidrio = recycle glass

reciclar el plástico = recycle plastic

usar transporte público = use public transport

No se debería = you shouldn't

malgastar el agua = waste water

malgastar energía = waste energy

tirar la basura al suelo = throw rubbish on the ground

usar bolsas de plástico = use plastic bags



Mi ciudad ahora = My town now

Ahora = now

Está limpia = it is clean

Hay menos basura = there is less rubbish

Hay menos contaminación = there is less pollution

Hay parques bonitos = there are pretty parks

Hay espacios verdes = there are green spaces

Hay una red de transporte muy buena = There is a good transport network

Hay muchas cosas para los jóvenes = there are lots of things for young people

No tiene barrios peligrosos = it doesn't have dangerous neighbourhoods

Mi ciudad en el pasado = My town in the past

Antes = in the past Era = it was

Era bastante aburrida = it was quite boring

Era muy peligrosa = it was very dangerous

Estaba sucia = it used to be dirty

Había mucha basura = there was lots of rubbish

Había mucha contaminación = there was lots of pollution

Había mucha violencia = there was lots of violence

No había medios de transporte público = there was no public transport

No había nada para los jóvenes = there was nothing for young people



Bitesize Resources



The Imperfect Tense