



Dear Parents & Carers,

Welcome to another edition of The Link and I hope that you all remain safe and well.

Summer term usually brings an opportunity for events such as Sports Day, Enrichment Week and Work Experience (for year 10) amongst many others. Unfortunately, we have not been able to run these this year. However, with Government announcements expected next week regarding any further easing of restrictions, we will watch carefully to see if there might be a chance to find opportunities for students to enjoy wider aspects of school life before the end of term.

Finally, thank you for continuation of Lateral Flow Testing at home to ensure everyone remains safe. We will provide further test kit supplies as and when they arrive in school.

With best wishes for a good weekend

*John Parr*

*Headteacher*

## Extracurricular Activities Timetable

	Year 7	Year 8	Year 9	Year 10
<b>Monday</b> 3:15 - 4:15		Football	Walk and talk	
<b>Tuesday</b> 3:15-4:15		Basketball	Football	Fitness/ Circuits
<b>Wednesday</b> 3:15 - 4:15	Football		Rounders	
<b>Thursday</b> 3:15 - 4:15		Cheerleading		
<b>Friday</b>	No Clubs			

All clubs run from 15:15 - 16:15 and are mixed for boys and girls. Boys are the change in the old gym changing rooms, girls in the leisure centre changing rooms

### Year 11 PE Kit

The PE department would be very grateful for any donations of old PE Kit from year 11 students who no longer need it,

If you have anything that you would like to donate, please leave this at Reception for collection.

### Reporting an absence via email

Should you wish to report an absence via email please can you use either [jackie.rowley@csschool.co.uk](mailto:jackie.rowley@csschool.co.uk) or [office@csschool.co.uk](mailto:office@csschool.co.uk)

Thank you

## School Uniform

- Students are allowed natural hair colours only.
- Nail varnish and false nails are not permitted.
- Students are allowed to wear a watch but no other jewellery other than a single pair of studs.
- Clear retainers must be used for nose piercings.



## Accelerated Reader



Well done to the following students for reaching their targets.

Year 7

Ashley Burmingham  
Alex Costa-Veiga

# Congratulations to the winners of The Great French Seneca Challenge!

## Year 7

Charlotte Hale  
George Devey  
Mia Sandwith  
Molly Jeffries  
Poppy Flanagan  
Oscar Purslow  
Finley Foxall  
Megan Williams  
Poppy Carr  
Summar Jones  
Hadassa Scurtu  
Charlie Gregg  
Harry Pugh  
Will Jackson  
Leila ones  
Holly Collett  
Lily Gibbons  
Ethan Knight

## Year 8

Freddie Westall  
Clara Powis  
Matha Wynne  
Poppy Cumberlidge  
Ella McFarlane  
Alex Berry  
Chloe Wilson-Holmes  
Sophie Allison  
Will Doley  
Sadie Singleton  
Aisha Green  
Finley Middleton  
Maria Louro  
Eva Knight  
Serena Vickery  
Zarabeth Boccacci  
Lily Atkin  
Jake Edwards



## Year 9

Beth Hunter  
Erin Robinson  
Evie Jackson  
Rosie Carr  
Louisa Crump  
Joss Nockolds  
Isabella Carter  
Ben Holdworth  
Daisy Swain  
Annabelle Kirkwood  
Rudy Laslett  
Oscar Walden  
Charlie Morris  
Will Middleton

## Congratulations also to the winners of the Great Year 9 Spanish Seneca Challenge

Jemima Fox  
Delphine Hurrell  
Jodie Shelton  
Erin Robinson  
Louisa Crump  
Daisy Swain  
Abbie Wilson  
Evie Gerrard  
Annabelle Kirkwood  
Will Pearson

**Thank you** for supporting Mental Health Awareness Week



The money raised from non-uniform day will help resource the Sanctuary Space boxes

Our Student Mental Health Ambassador projects

And lunch time and after school activities to promote mental wellbeing

## What is Kooth?

Kooth is a **free, safe and anonymous** mental wellbeing service for children and young people. You can find one to one support from a friendly practitioner or engage with our amazing community of people just like you.

Our community is here to support you through anything. Big or small. All of the activities you'll see are also available on [kooth.com](https://www.kooth.com).

## What are Mental Health Awareness Week Activities?

Exploring who you are is an exciting part of life, but it can be scary too. During Mental Health Awareness Week, you can pick an activity or task to try each day, to help you build valuable life skills.

Among other things, these activities can help us:

- Connect with others
- Build helpful habits
- Manage our emotions
- Express ourselves



## Services for Support

**Managing behaviour and containment** - [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk) or 01743 250950 or free online at <https://inourplace.co.uk/> with code DARWIN18

- **OT support clinics** – bookable via 01743 450800
- Support with **speech, language or swallowing** – clinics bookable via 01743 450800
- **Public Health Nursing Service** Please see attached poster ‘Shropshire PHNS’
  - Single Point of Access 0333 358 3654
  - Text for Health Advice: Health Visitor Team and Parenting Chat Health line 07520 635212 / School Nursing Team 07507 330346
- **Support with young people’s emotional well-being** – Bee U is the emotional health and wellbeing service for people up to the age of 25
  - BEAM [AskBeam@childrenssociety.org.uk](mailto:AskBeam@childrenssociety.org.uk)
  - Online support for young people <http://www.kooth.com>
  - Specialist Young People and Families Mental Health Service Single Point of Access - 0300 124 0093
- **Housing issues / homelessness** – Housing Options - <https://www.shropshire.gov.uk/housing-options-and-homelessness/> or SUSTAIN consortium - 0300 300 0059 or 01743 285159
- **SEND Activities** – <https://www.shropshire.gov.uk/the-send-local-offer/social-care/short-breaks/all-in-programme/>
- **Adult mental health**
  - IAPT – Psychological Therapies can support people with mild to moderate mental health issues such as anxiety or low mood. Includes Silver Cloud online therapy, <https://www.mpft.nhs.uk/services/improving-access-psychological-therapies-iapt> or 0300 123 6020
  - See Shropshire Council wellbeing pages for more links - <https://shropshire.gov.uk/coronavirus/information-for-the-public/mental-health-and-wellbeing/>
  - Shropshire MIND - Shropshire Mind provides support for any person with emotional or mental health needs, including long term enduring mental health needs or those triggered by recent incidents. Telephone: 01743 368647, Monday to Friday 9am to 5pm; Saturday and Sunday 11am to 3pm. Outreach support is available Monday to Friday 9am to 5pm.
  - TogetherAll - a free-to-access online community for Shropshire residents aged 16 and above for people who are stressed, anxious or feeling low. The service has an active forum with round-the-clock support from trained professionals. You can talk anonymously and confidentially to other members <https://togetherall.com/en-gb/>
- **Support for young carers** – [simon.jones@crossroadstogether.org.uk](mailto:simon.jones@crossroadstogether.org.uk)
- **Domestic abuse** - <https://www.shropsdas.org.uk/> or WMTA 0800 783 1359 or national helpline 0808 2000 247
- **Substance misuse** - <https://www.wearewithyou.org.uk/services/shropshire/>
  - **On a low budget or need help accessing free or low cost food** - Foodbank - ... or for more info <https://www.shropshirelarder.org.uk/>
  - **Sexual health services** - <https://openclinic.org.uk/>
  - **Shropshire Council’s Covid Helpline** 0345 6789 028 – this phonenumber is designed to receive enquiries and concerns associated with Covid 19 that are of a non-medical nature.

### Useful local websites:

- SC EH - <https://www.shropshire.gov.uk/early-help/>
- SC Local Offer - <https://www.shropshire.gov.uk/the-send-local-offer/>
- SC Family Information Directory (FIDy) - <https://shropshire.gov.uk/early-years-and-childcare/parents-and-carers/shropshire-family-information-service-0-19-years/>
- Autism West Midlands - <https://www.autismwestmidlands.org.uk/>
- PACC - <http://www.paccshropshire.org.uk/> and IASS <https://cyp.iassnetwork.org.uk/service/shropshire-iass>

### Church Stretton Town Council - Youth Work in Church Stretton

In order to support young people in the wake of the pandemic and to make preparations for re-starting a Youth Club at Mayfair in the autumn, the Town Council is funding two trained youth workers from the Shropshire Youth Association. Their task is to make contact with local youngsters around the town and recreational areas. They will be learning about the issues young people have following the pandemic and asking their views on what they would like a new youth club to provide. This Thursday, the two youth workers, Kerry Williams and Laura Sheldon, were in the Recreation Ground and displayed their identity badges with their photos. In future weeks, Kerry Williams will be replaced by Richard Parkes and they will carry flyers endorsed by both the Town Council and the Mayfair Centre. They will be in the town on Thursday evenings from 6.00pm – 7.30pm over the next two months.

The Town Council and Mayfair are working in partnership to provide the Youth Club. This will be run by a trained youth worker from the Shropshire Youth Association (SYA) but they will need the support each week of two community volunteers. SYA will provide a short training for these volunteers.

If you are interested in becoming such a volunteer, please contact Mayfair:

on 722077 email: [information@mayfaircentre.org.uk](mailto:information@mayfaircentre.org.uk)