

P2: Forces and motion

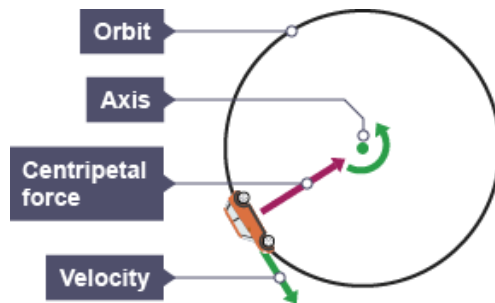
Lesson sequence

1. Resultant forces
2. Newton's first law
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4. Newton's second law
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6. Newton's third law
7. Momentum
8. Stopping distances
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10. Crash hazards (car safety)

1. Resultant forces

Scalar quantity	A quantity with magnitude (but no direction).
Vector quantity	A quantity with magnitude and direction.
Force arrows	Arrows can be used to represent forces: - Direction = direction of force - Length = size of force
Resultant force	The force left over when forces acting in opposite directions are cancelled out.
Calculating resultant force	Subtract the total force in one direction from the total force in the other direction.
Balanced forces	When the resultant force is zero (because forces acting in opposite directions are the same size).
Unbalanced forces	When the resultant force is non-zero (because there is more force in one direction than another).

2. Newton's first law	
Newton's first law of motion	An object will move at the same speed and direction unless it experiences a resultant force.
The effect of resultant forces	Resultant forces cause acceleration: speeding up, slowing down or changing direction
Effect of forces on motion	Forces make you start moving, stop moving or change direction, they are not needed to keep you moving!
Circular motion	Moving in a circle is a type of acceleration because you are changing velocity (your direction changes even if your speed does not).
Centripetal force	A force acting towards the centre of a circle that enables objects to move in a circle.
Sources of centripetal force	Gravity – keeps the Earth orbiting the sun Tension – lets a bucket swing in circles on a rope Friction – keeps cars turn round a roundabout



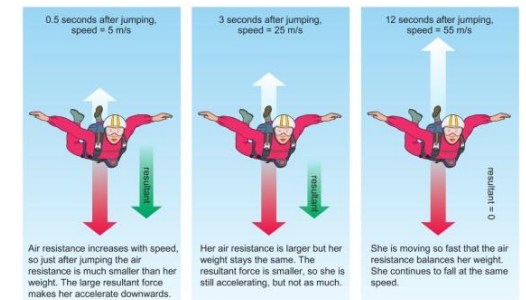
3. Mass and weight

Mass	The quantity of matter in an object is made of. Units = kilograms, kg.
Weight	A force caused by gravity pulling downward on an object. Units = newtons, N.
Force meter	An instrument for measuring forces. They usually involve a spring that stretched more the more the force.
Gravitational field strength	The strength of gravity, which is different on different planets. Units = newtons per kilogram, N/kg.
Gravitational field strength on Earth	10 N/kg
Calculating weight	Weight = mass x gravitational field strength $W = m \times g$ Weight = N Mass = kg Gravitational field strength = N/kg
Air resistance	A force greater by the air pushing against you as you move. Faster movement → greater air resistance.
Motion whilst falling	Accelerate until the air resistance is equal to the weight; now there is no resultant force so speed stays constant.

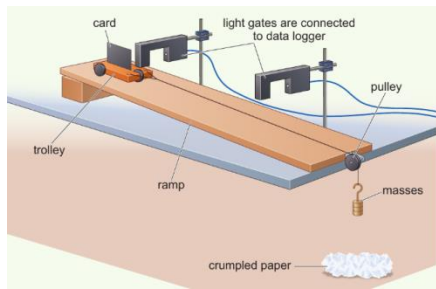


4. Newton's second law

Newton's second law of motion	Force = mass x acceleration
Acceleration is greater when...	- The force is greater - The mass is smaller
Calculating forces	Force = mass x acceleration $F = m \times a$ Force = N Mass = kg Acceleration = m/s^2
Calculating acceleration	Acceleration = mass / force $a = F / m$ Force = N Mass = kg Acceleration = m/s^2
Inertial mass	The mass calculated by measuring the acceleration produced by force, using the equation ' $m = F / a$ '
The point of inertial mass	Inertial mass is the same as mass measured with a mass balance, but it gives us a way to measure mass where there is no gravity, such as in space.

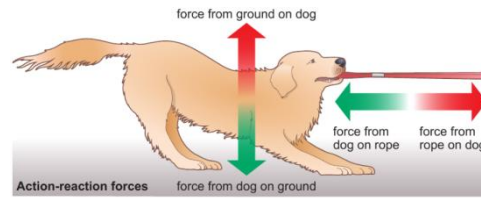


5. Core practical – investigating acceleration	
Aim	To investigate how changing force changes acceleration.
Setup	A trolley on a ramp with 90 g masses. 10 g mass hanger attached to trolley via a string over a pulley.
Data collection	Release the trolley, use light gates to measure the acceleration.
Variations	Move 10 g of mass from the trolley to the mass hanger each time.
Independent variable	The force: each 10 g mass = 0.1 N force
Results	Ore mass → more force → greater acceleration.

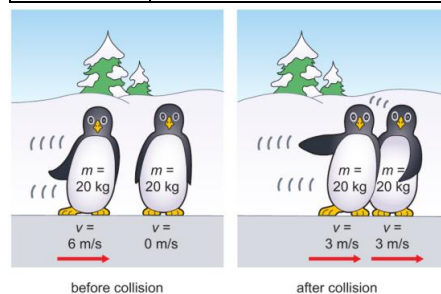


6. Newton's third law	
Newton's third law	For every action force there is an equal but opposite reaction force.
Action force	The force you push or pull with.
Reaction force	A force of the same size but opposite direction to an action force.
Action-reaction forces	If, A applies an action force to B, B applies a reaction force of same size and opposite direction to A.
Action-reaction vs balanced forces	Similarities: same sizes, opposite directions Differences: balanced forces act on same object, action-reaction act on different objects

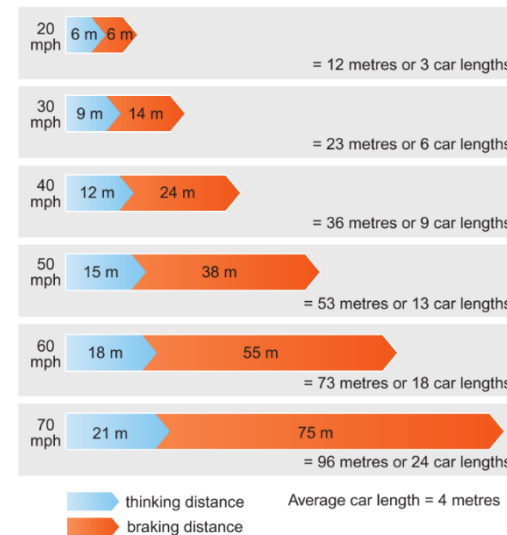
Action-reaction forces - collisions	E.g. kicking a ball: the foot pushes the ball, the ball pushes back on the foot.
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7. Momentum	
Momentum	The tendency of an object to keep moving.
Calculating momentum	Momentum = mass x velocity field strength $p = m \times v$ Momentum = kg m/s Mass = kg velocity = N/kg
Momentum and force calculations	Force = change in momentum / time $F = (mv - mu)/t$ Force = N Mass = kg Velocity = m/s Time = s
Conservation of momentum	Total momentum before and after a collision is the same.



8. Stopping distances	
Stopping distance	The distance travelled from when a hazard is seen to when you fully stop.
Thinking distance	The distance travelled from when a hazard is seen to when you brake.
Braking distance	The distance travelled from when you brake to when you fully stop.
Calculating stopping distance	Stopping distance = thinking distance + braking distance
Thinking distance and reaction time	Slower reactions = greater thinking distance
Thinking distance increased by...	Higher speed, tiredness, illness, drugs, distractions, old age
Braking distance increased by	Higher speed, poor brakes, poor tyres, wet/icy/gravelly road, downhill, heavier load



9. Braking distance and energy	
Work done	Work done = force x distance moved in the direction of the force Work done = J Force = N Distance = m
Kinetic energy	Kinetic energy = 0.5 x mass x velocity ² Kinetic energy = J Mass = Kg Velocity = m/s

Exam-style question

A car is that is moving at 10m/s travels 10metres while braking to a stop. Explain what its braking distance would be if it were travelling at 20m/s. Include any assumptions you have made in your answer. (4 marks)

10. Crash hazards (car safety)	
Crash danger	Crashes involve large decelerations, creating large forces which can injure you.
Car safety features	Increase the time a collision takes, reducing deceleration and forces.
Three car safety features	Crumple zones, (stretchy) seat belts, air bags
Collision forces	Greater momentum change → greater force
Calculating collision forces	Force = change in momentum / time $F = (mv - mu)/t$ Force = N Mass = kg Velocity = m/s Time = s

Worked example

A 1500 kg car is travelling at 15 m/s (just over 30 mph) when it hits a wall. It comes to a stop in 0.07 seconds. What is the force acting on the car?

$$\text{force} = \frac{1500 \text{ kg} \times 0 \text{ m/s} - 1500 \text{ kg} \times 15 \text{ m/s}}{0.07 \text{ s}}$$

$$= \frac{-22500}{0.07}$$

$$= -321429 \text{ N}$$

The negative sign shows that the force is in the opposite direction to the original motion.