

### P1: Motion

#### Lesson sequence

1. Vectors and scalars
2. Speed-time graphs
3. Distance-time graphs
4. Acceleration
5. Velocity-time graphs

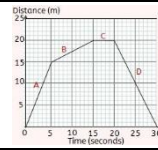
#### 1. Vectors and scalars

<b>Magnitude</b>	A scientific word for size.
<b>Scalar quantity</b>	A quantity with magnitude (but no direction).
<b>Scalar examples</b>	Distance – 10 m Speed – 25 m/s Mass – e.g. 50 kg
<b>Vector quantity</b>	A quantity with magnitude and direction.
<b>Vector examples</b>	Displacement – 10 m north Velocity – 25 m/s east Force – 30 N left Acceleration – 3 m/s <sup>2</sup> south Momentum – 400 N m/s right
<b>Vector arrows</b>	Vectors can be represented by arrows, with the length of the arrow representing the magnitude.
<b>Displacement</b>	The distance and direction travelled in a straight line.
<b>Velocity</b>	Your speed in a certain direction.

#### 2. Speed

<b>Units of speed</b>	Metres per second, m/s.
<b>Speed – word equation</b>	Speed = distance / time
	Speed = m/s Distance = m Time = s

<b>Speed – symbol equation</b>	$v = x/t$  $v = \text{speed}$ $x = \text{distance}$ $t = \text{time}$
<b>Instantaneous speed</b>	Speed at a particular point in time.
<b>Average speed</b>	The average speed across the whole of a journey, calculate from $v = x/t$ .
<b>Calculating distance travelled – word equation</b>	Distance = average speed x time $x = v \times t$  Distance = m Average speed = m/s Time = s
<b>Measuring speed</b>	Measure the distance between two points and time how long an object takes to pass, then calculate using $v = x/t$ .
<b>Light gates</b>	Equipment that can be used for measuring time accurately with fast-moving objects to help find their speed.
<b>Some typical speeds</b>	Walking – 1-2 m/s Running – 3-8 m/s Cycling – 5-20 m/s Driving – 10-40 m/s Flying – 250 m/s



#### 3. Distance-time graphs

<b>Distance-time graph</b>	A graph describing how your distance from the start changes over the course of a journey. Time is on the x-axis and distance on the y-axis.
<b>Distance-time graphs – stationary</b>	Horizontal line
<b>Distance-time graphs – constant speed</b>	Forwards – line sloping up Backwards – line sloping down

<b>Distance-time graphs – line gradient</b>	Steeper line = faster
<b>Calculating speed from a distance-time graph</b>	Speed = change in distance / change in time  Speed = change in y / change in x

#### 4. Acceleration

<b>Acceleration</b>	Changing velocity
<b>You accelerate when...</b>	- You change speed - You change direction
<b>Units of acceleration</b>	Metres per second squared, m/s <sup>2</sup>
<b>Positive and negative acceleration</b>	Positive acceleration = speeding up Negative acceleration = slowing down
<b>Deceleration</b>	Slowing down, negative acceleration.
<b>Acceleration – word equation</b>	Acceleration = change in speed / time  Acceleration = m/s <sup>2</sup> Change in speed = m/s Time = s
<b>Acceleration – symbol equation</b>	$a = (v - u) / t$  $a = \text{acceleration}$ $v = \text{final speed}$ $u = \text{initial speed}$ $t = \text{time}$
<b>Linking acceleration and Velocity travelled</b>	Use the equation: $x = (v^2 - u^2) / 2a$  $x = \text{Velocity travelled}$ $a = \text{acceleration}$ $v = \text{final speed}$ $u = \text{initial speed}$

<b>Acceleration during free fall</b>	10 m/s <sup>2</sup>
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#### 5. Velocity-time graphs

<b>Velocity-time graph</b>	A graph showing how your velocity (speed) changes over time. Time is on the x-axis, velocity is on the y-axis.
<b>Velocity-time graphs – constant speed</b>	Horizontal line
<b>Velocity-time graphs – acceleration</b>	Speeding up – line sloping up Slowing down – line sloping down
<b>Velocity-time graphs – Stationary</b>	Horizontal line on the x-axis
<b>Velocity-time graphs – line gradient</b>	Steeper line = greater acceleration
<b>Calculating acceleration on a velocity-time graph</b>	Acceleration = change in velocity / change in time  Acceleration = change in y / change in x
<b>Calculating distance travelled from a velocity-time graph</b>	Distance = area under the graph.  Divide the graph into rectangles and triangles, find the area of each and add them together.

