

PE EXTRA CURRICULAR TIMETABLE

<u>LUNCH –12.30-1.10PM</u>		<u>AFTER SCHOOL 3.20-4.30</u>
MONDAY	KS3 Netball (HH) KS3 Boys Rugby (GK)	KS3 Rugby (GK) Hockey ALL YEARS (MW) Sport Studies Catch up (HH)
TUESDAY	Table Tennis (JS) Volleyball (GK) Fitness Club/Gym (HH) Leadership Club (LD)	Cricket – All years (GK)
WEDNESDAY	Basketball (GK) Dance Club (AB)	Netball training – All years (HH) (AB) X Country Running Club (YG) Gym Club – Fitness Suite (TW)
THURSDAY	Badminton KS3 (HH) Sport Studies Catch up (GK) KS3 Football (JS)	Boys Basketball all years (GK) Girls Basketball all years (HH)
FRIDAY	Sport Studies Catch up (HH) Badminton KS4 (GK)	

Joining a club can help you: Improve skills, fitness & social skills. If you have any questions, please see Mrs Hodnett or Mr Kirkby