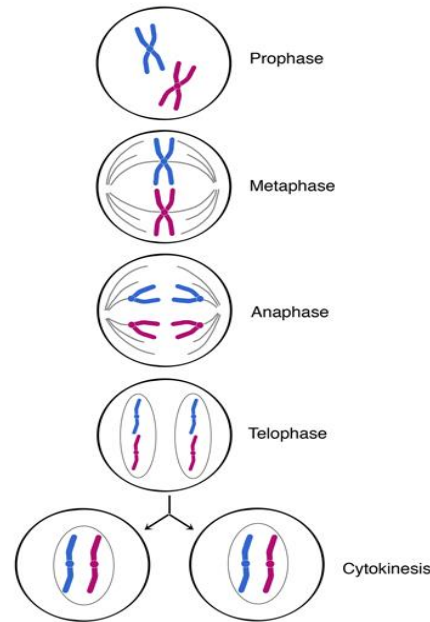


### B2: Cells and control

#### Lesson sequence

1. Mitosis
2. Animal growth
3. Plant growth
4. Stem cells
5. Nervous system
6. Neurotransmission
7. Controlling movement



#### 1. Mitosis

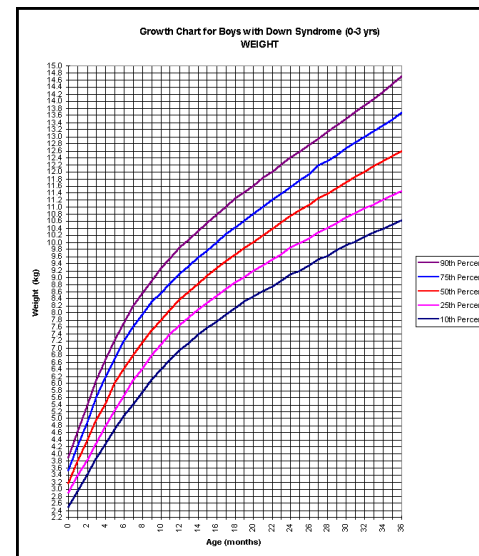
<b>Cell cycle</b>	The life of a cell comprising interphase and mitosis.
<b>Interphase</b>	Preparation for mitosis in which extra cell parts are made and DNA chromosomes are replicated (copied).
<b>Mitosis</b>	When one cell divides into two genetically identical daughter cells.
<b>(I)PMATC</b>	The stages of mitosis: interphase (not mitosis), prophase, metaphase, anaphase, telophase, cytokinesis.
<b>Prophase</b>	The membrane of the nucleus breaks down and spindle fibres start to form.
<b>Metaphase</b>	Spindle fibres fully form and chromosomes line up across the middle of the cell.
<b>Anaphase</b>	Chromosome copies separate and move to each end of the cell.
<b>Telophase</b>	A new membrane forms around each set of chromosomes to form two nuclei.
<b>Cytokinesis</b>	The two new cells fully separate.
<b>Cancer</b>	When mitosis happens out of control forming large lumps of cells called tumours.

#### 2. Animal growth

<b>Growth</b>	Increase in size due to increased numbers of cells.
<b>Percentile</b>	A measure of the growth of a child that compares them to other children of the same age.
<b>90<sup>th</sup> percentile</b>	A child is taller than 90% of children of the same age.
<b>50<sup>th</sup> percentile</b>	Average for height/mass for the age.
<b>Percentile graphs</b>	Graphs showing how height/mass change with age with different lines for each percentile.
<b>Cell differentiation</b>	When a cell divides by mitosis to produce two different types of cell (not two identical ones).
<b>Specialised cell</b>	A cell special features designed for a specific job.
<b>Importance of differentiation in animals</b>	To produce all the different types of cell the body needs such as red blood cells, fat cells, nerve cells and muscle cells.

#### 3. Plant growth

<b>Plant growth</b>	Cell division creates more cells, elongation makes these cells get bigger.
<b>Meristems</b>	Areas just behind the tips of roots and shoots where cell division and differentiation happens.
<b>Importance of differentiation in plants</b>	To produce all the different types of cell a plant needs such as root hair cells and xylem cells.
<b>Calculating percentage changes</b>	$\% \text{ change} = (\text{final value} - \text{starting value}) / \text{starting value} \times 100$



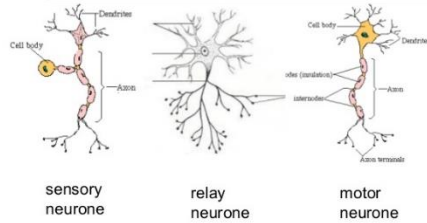
#### 4. Stem cells

<b>Stem cell</b>	A cell that can differentiate when it divides, to produce two different cells.
<b>Embryonic stem cell</b>	A stem cell that can become any kind of cell. Found in developing embryos.

<b>Adult stem cell</b>	A stem cell that can only become a few types of cell. Found in animals after birth.
<b>Stem cells in medicine</b>	It is hoped they can be used to replace damaged cells in diseases like type 1 diabetes or leukaemia, or to grow new organs for transplant.
<b>Problems with stem cells</b>	They may potentially cause cancer, stem cells can only be used in the person they have come from.

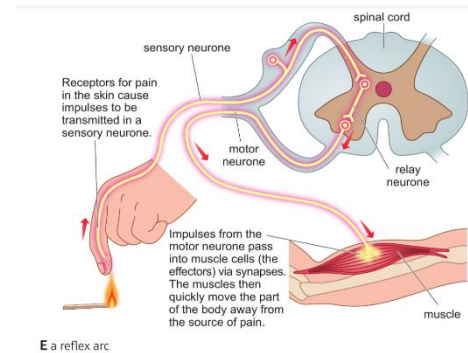
#### 5. Nervous system

<b>Nervous system</b>	All the nerves in your body working together to gather information, make decisions and control responses.
<b>Central nervous system</b>	The brain and spinal cord – makes decisions (aka CNS).
<b>Peripheral nervous system</b>	All your other nerves – gathers information from your senses and carries messages from the CNS to your muscles.
<b>Neurone</b>	A nerve cell
<b>Impulse</b>	Electrical message carried by a neuron.
<b>Cell body</b>	The central part of a nerve cell containing its nucleus.
<b>Dendron and axon</b>	The long parts of a nerve cell carrying impulses towards the cell body (dendron) and away from it (axon)
<b>Myelin sheath</b>	A fatty layer around the axon and dendron that insulates it to prevent the impulse from escaping and speeds the impulse up.



6. Neurotransmission	
<b>Neurotransmission</b>	The travelling of an impulse along a neurone and into another.
<b>Dendrites</b>	Branches at the beginning of a dendron that connect to receptor cells or another neurone.
<b>Axon terminals</b>	Branches at the end of an axon that connect to a muscle or another neurone.
<b>Synapse</b>	Small gap between two neurones where the axon terminals of one meet the dendrites of another.
<b>Neurotransmitter</b>	Chemicals released by axon terminals that diffuse across the synapse to trigger a new impulse the dendrite of another neurone.
<b>Sensory neurone</b>	Nerve cell that carries impulses from sense organs to the CNS. Has a long dendron and a long axon.
<b>Relay neurone</b>	Nerve cell in the CNS that makes decisions. Dendrites join onto cell body, short axon.
<b>Motor neurone</b>	Nerve cell that carries impulses from the CNS to muscles. Dendrites join onto cell body, long axon.

7. Controlling movement	
<b>Stimulus</b>	A piece of information detected by the nervous system.
<b>Receptor</b>	Cells that detect a stimulus.
<b>Response</b>	The action that the nervous system makes happen.
<b>Effector</b>	The body part that produces the response, often a muscle.
<b>Voluntary movement</b>	A stimulus is detected by a receptor, causing an impulse to be carried by a sensory neuron to the brain. Relay neurones in the brain decide what to do and send another impulse down a motor neuron to the effector (muscle) to cause a response.
<b>Reflexes</b>	Automatic responses that happen very quickly without conscious thought to keep the body safe.
<b>Reflex arc</b>	Movement is caused in the same way as for voluntary movement, except the spinal cord makes the decision without needing the brain to think.



E a reflex arc