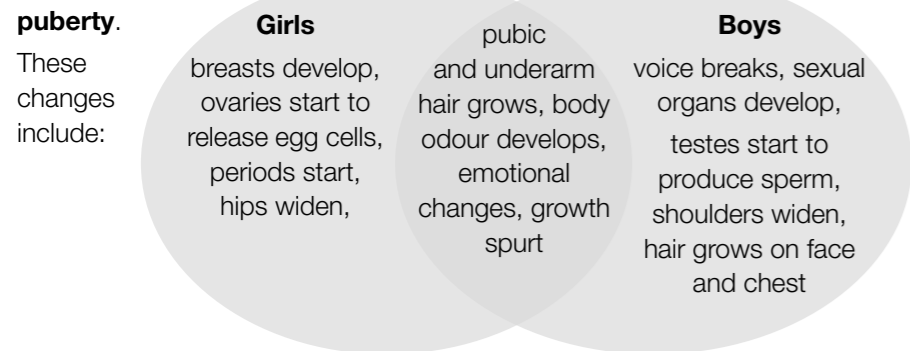


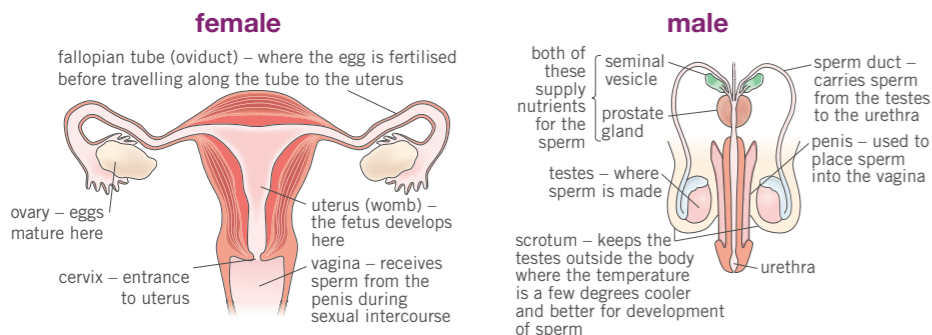
Human reproduction

Adolescence

The time during which you change from being a child to being an adult is called **adolescence**. The physical changes that happen between the ages of 9–14 are called **puberty**.



Reproductive systems



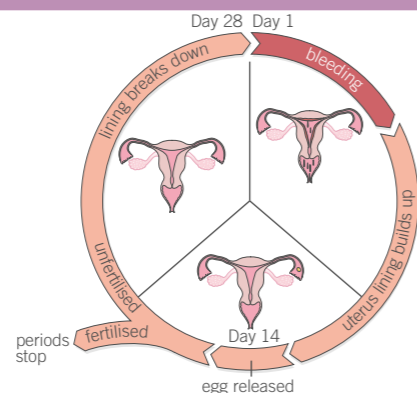
The menstrual cycle

Day 1 – blood from uterus lining leaves the body through the vagina.

Day 5 – bleeding stops. Uterus lining begins to re-grow.

Day 14 – an egg cell is released from one of the ovaries (**ovulation**).

The egg cell travels through the oviduct towards the uterus.



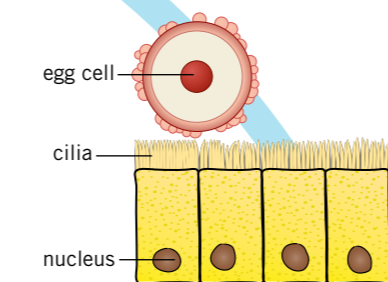
Methods of contraception

Condoms – A thin layer of latex rubber that prevents semen being released into the vagina.

Contraceptive pill – a daily tablet that contains hormones. It prevents pregnancy by stopping ovulation.

Fertilisation

An egg is released every month.



The egg cell is moved along the oviduct towards the uterus by **cilia**.

Sperm cells are produced in the **testicles/testes**.

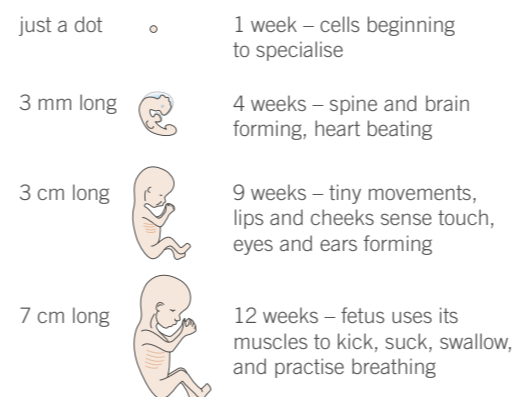
Sperm are mixed with nutrients and fluid from the glands to form **semen**.

During sexual intercourse a man will release semen into the vagina (**ejaculation**).

If a sperm meets the egg **fertilisation** may happen.

The fertilised egg may then **implant** in the uterus lining and form an **embryo** (ball of cells)

the main steps in a baby's development (**gestation**) during pregnancy



There are three important structures in the uterus during gestation:

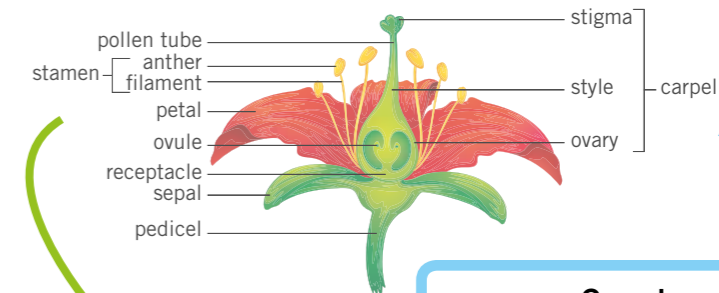
placenta – where substances pass from mother to **fetus**

umbilical cord – connects the fetus to the placenta

fluid sac – shock absorber that protects the baby.

Plant reproduction

Parts of a flower



Stamen
male part of the flower
• the **anther** produces pollen
• the **filament** holds up the anther

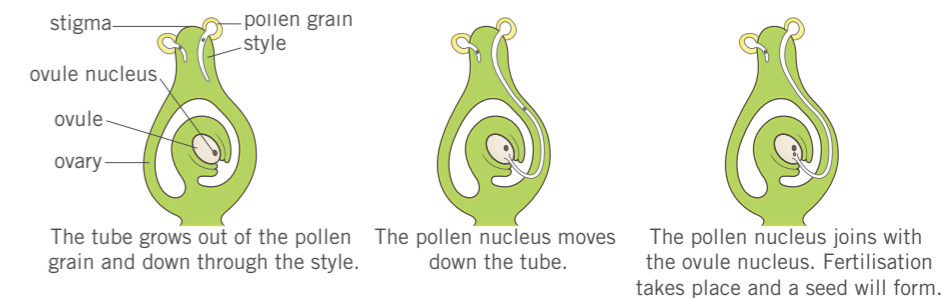
Carpel
female part of the flower
• the **stigma** is sticky to catch grains of pollen
• the **style** holds up the stigma
• the ovary contains **ovules**

Pollination

Pollination is the fertilisation of the ovule, which occurs when pollen is transferred from an anther to the stigma. Pollination can occur due to insects or the wind.



Fertilisation



Germination

When a seed starts to grow it is called **germination**.

To germinate, seeds need:

- water – for the seed to swell and the embryo to start growing
- oxygen – for respiration and transferring energy for germination
- warmth – to help speed up the reactions in the plant.

Key terms

Make sure you can write definitions for these key terms.

adolescence anther carpel cervix cilia contraception ejaculation embryo fertilisation fetus filament gestation germination implant menstrual cycle ovary oviduct ovulation ovule placenta pollen pollination puberty semen sperm duct stamen stigma style testes umbilical cord uterus urethra vagina