

# Year 7

Welcome to Church Stretton School.

This booklet is designed to help you transition into Church Stretton for September 2021. It outlines some useful locations and gives information on what you can expect.

## Contact Us

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Church Stretton SY6 6EX

# Church Stretton School



## TRANSITION DOCUMENT



**Transition Document**  
63A Shrewsbury Rd,  
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## Top Tips

1. Check your timetable the night before so you are prepared for the next school day.
  2. Regularly check Go 4 Schools for homework set.
  3. Take a 'little and often' approach to your studies/homework.
  4. Do not be afraid to ask for help, we want to help!
  5. Make sure you have the correct equipment for your lessons.
  6. Bring a water bottle to school to keep hydrated.
  7. Be on time and punctual to lessons.
  8. Break times make the most of your break times by using the canteen, toilets and getting some fresh air. There will be staff on duty if you need anything
  9. Only bring what you need in your bag because you will have to carry it around all day.
  10. Do not be hard on yourself. You are not expected to know everything straight away in your new school.
- Remember, everyone in year 7 is starting together and so the experience is new to you all.

## Useful Locations/Information



# First Day Check List

**There are different things to get ready for and remember for your first day. Use the checklist below to help you make your first day get off to a great start!**

<b><u>Equipment</u></b>	<b><u>Check</u></b>
<b>School Bag</b>	
<b>Pencil Case</b>	
<b>Water Bottle</b>	
<b>P.E Kit</b>	
<b>Planner/Timetable</b>	
<b>Reading book</b>	

# Tips for parents

**Church Stretton School Tips for making your children feel safe at school**

**Think about the little things that make a big difference**

**We all have little things that can make us feel more like ourselves. This might be styling their hair in a way they like, having a conversation with a friend or family member, eating their favorite breakfast, doing power poses in the mirror or doing something fun the night before**

- **Reassure them they are not alone. They will have other children feeling the same as them and how it is completely normal to feel nervous and anxious about starting something new.**
- **Show them you have confidence in them**  
**Not every child will be worry free so make sure you have time to talk things through with them and that you will only step in if they need support.**

## Meeting new people

### **Get involved -**

Spend time with others at lunch and break times. Joining a club is a great way to meet new people.

**Take time to get to know people-** Be brave and go first in speaking to new people. Ask how their day is going. Giving someone a compliment on how they look. I.e. shoes or hair is a great way to start a conversation.

**Get to know your friends, friends** -You can meet up in the hub or on the walk home or you could ask your friend to introduce you to them.

**Be yourself-** Spend time with people who allow you to be your best self.

**Give everyone a chance-** Try speaking to people you do not know. You could learn something new or try a new activity that a new friend enjoys.

## Money - Cashless

At Church Stretton School we use a 'Cashless' system for break and lunch times. This means you do not need to bring any money with you and it can be uploaded onto your school account to pay for your food.

You collect your food as normal and then scan your finger print to pay.

If you miss the bus home. Don't worry. Go back into school and tell a member of staff.

Mobile phones have to be silent in lessons or turned off in school. If you need to ring home during the day you can ask at reception.

Let a teacher know if you have forgotten to put money on your card. Don't worry you will be able to eat