CHURCH STRETTON SCHOOL

PSCHE 5 Year learning journey

YEAR 11

Relationships & Sex

Positivity, stress, relationships break up, harassment and the law

Exams and on to Post 16 education

Wider world

Interviews, debt, digital footprints, charity and fake news

Faith, philosophy and ethics, cyber-crime, self-esteem and perseverance

Animal and consumer rights, ASB, binge drinking and the justice system

Health and Wellbeing

College applications, personal statements, revision techniques, independence and careers

YEAR 10

Racism, hate crimes, protected characteristics and migration

Faith, philosophy and ethics

Sexual consent, abuse, pregnancy, pornography and Sex

FGM, community cohesion and gender identity

Substance misuse, help and support

Wider world

Relationships & Sex

Reproductive health, CPR, memory, homelessness and privilege

Sleep, suicide, risk taking and personal safety

Work experience launch, managing anxiety and grief.

Health and Wellbeing

Relationships & Sex

Body image, child exploitation and gender fluidity.

YEAR 9

Drugs, gambling and addiction

The rule of law, British community and immigration

Responsible health, screen time, binge drinking and tattoos & piercings

Dark web, gangs, county lines and knife crime

Safe sex, consent, relationships, parenting and conflict

Self-harm, growth mindset and peer pressure. Discriminati on and equality.

Health and Wellbeing

Wider world

Conflict, consent , sexting , selfie safety and alcohol awareness

More than friends, gender & language and LGBT+

Money, public services and the environment

Discrimination, prejudice and tolerance. Online safety

Relationships & Sex

Wider world

Careers and skills required including revision techniques

YEAR 8

Friendships and family types

Love, self-love and body image

Mental health, mindfulness and being self-aware.

Bullying including online and social media safety

Drugs, including smoking and vaping and cancer awareness

Relationships & Sex

Health and Wellbeing

Personal safety and first aid

Wants and needs, money product and ethical shopping. First look at careers skills builder.

Wider world

Racism, discrimination and e-safety

Healthy lifestyles including healthy eating and exercise

YEAR 7

Health and Wellbeing

Being resilient and aspirational whilst controlling emotions Everyday consent

Personal hygiene, good mental health and puberty

Introduction to PSHE and life at Church Stretton school