

	Term	Topic	Learning Outcomes	Assessment
Y E A R 10 & 11	Term 1	Badminton	<ul style="list-style-type: none"> • Grip and ready position • Underarm clear • Overhead clear • Drop shot • Underarm service + court lines • Outwitting Opponents in a competitive game situation 	Teacher and Peer Observation Questioning in Plenary
		Netball	<ul style="list-style-type: none"> • Footwork – basic understanding of the footwork rule (pivoting, two footed landing) • Defending – face to face marking, marking the ball • Shooting – rules of shooting, basic principle of how to shoot. • Centre pass set plays • Competitive games 	Teacher and Peer Observation Questioning in Plenary
		Football	<ul style="list-style-type: none"> • Movement with the ball – Dribbling, Receiving & Turning • Passing and movement off the ball. • Passing Variations • Shooting • Attack/outwitting an opponent 	Teacher and Peer Observation Questioning in Plenary
		Rugby	<ul style="list-style-type: none"> • Passing & Use of width • Outwitting opponents • Recap tackling & rucking • Restarting play-line out development • Scrums • Tactics and analysis of strengths 	Teacher and Peer Observation Questioning in Plenary

	Term	Topic	Learning Outcomes	Assessment
Y E A R 10 & 11	Term 2	Table Tennis	<ul style="list-style-type: none"> • Forehand rallies • Backhand shot • Rules of the game • Service development • Outwitting Opponents in competitive games 	Teacher and Peer Observation Questioning in Plenary
		Basketball	Layups and shooting Dribbling under pressure 1v1 M2M marking Tactics and competitive games	Teacher and Peer Observation Questioning in Plenary
		Volleyball	<ul style="list-style-type: none"> • Ball control and rules of Volleyball • Service and spike • Smash • Small sided games- positioning of players • Full sided games with tactical elements 	Teacher and Peer Observation Questioning in Plenary
		Dodgeball	<ul style="list-style-type: none"> • Rules and basics of Dodgeball • Shots and passes • Tactics and positional elements • Competitive games 	Teacher and Peer Observation Questioning in Plenary

	Term	Topic	Learning Outcomes	Assessment
Y E A R 10 & 11	Term 3	Athletics	<ul style="list-style-type: none"> • Throwing – shot putt - technique and rules for landing / throwing • Throwing – javelin – technique and rules for landing / throwing • pace running – 800m • running style (100/200/400m) • Jumping- long jump 	Teacher and Peer Observation Questioning in Plenary
		Rounders	<ul style="list-style-type: none"> • Fielding • Bowling • Batting • Fielding tactics/strategies to outwit opponents • Competitive game situations 	Teacher and Peer Observation Questioning in Plenary
		Cricket	<ul style="list-style-type: none"> • Fielding • Batting • Game situations/basic strategies • Outwitting Opponents in a competitive game situation 	Teacher and Peer Observation Questioning in Plenary
		Tennis	<ul style="list-style-type: none"> • Ball control & Grip • Forehand rallies • Backhand shot • Service development • Outwitting Opponents in competitive games 	Teacher and Peer Observation Questioning in Plenary